

Reading List for Parents

Taking Charge of ADHD, the Complete Authoritative Guide for Parents

R. A. Barkley

The Family ADHD Solution

M. Bertin

Mindful Parenting for ADHD: A Guide to Cultivating Calm, Reducing Stress, and Helping Children Thrive

M. Bertin

Understanding Girls with AD/HD

Understanding Women with AD/HD

K. Nadeau & P. Quinn

Late, Lost and Unprepared: a Parent's Guide to Helping Children with Executive Functioning

J. Cooper-Kahn & L. Dietzel

Parenting Through the Storm

Ann Douglas

A New Understanding of ADHD in Children and Adults Executive Functioning Impairments

T.E. Brown

Attention Deficit Disorder: the Unfocused Mind in Children and Adults

T. E. Brown

Making the System Work for your Child with ADHD

P. S. Jensen

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood to Adulthood

E. M. Hallowell & J. J. Ratey

Answers to Distraction

E. M. Hallowell & John J. Ratey

Delivered from Distraction

E. M. Hallowell & J. J. Ratey

Attention Difference Disorder: How to Turn Your ADHD Child Or Teen's Differences Into Strengths in 7 Simple Steps

K Handelman

ADHD Book: Living Right Now!

M. Kutscher

ADHD: Living without Brakes

M. Kutscher

Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!

M. Kutscher

The Explosive Child: a New Approach for Understanding and Parenting Easily Frustrated, 'Chronically Inflexible' Children

R. Greene

It's So Much Work to be Your Friend: Helping the Child with Learning Disabilities Find Social Success

R. Lavoie

The ADHD Book of Lists: a Practical Guide for Helping Children and Teens with Attention Deficit Disorder

S. Rief

Teenagers with ADD and ADHD: a Guide for parents and Professionals, 2nd Ed.

C. Zeigler Dendy

Tigers, Too: Executive Functions/Speed of Processing/Memory

M. Dombush & S. Pruitt

Help4ADD@High School

K. Nadeau

101 School Success Tools for Students with ADHD

J. Ideman, S. Silverman & S. Jeweler

AD/HD Parenting Handbook: Practical Advice for Parents from Parents, 2nd Ed.

C. Alexander-Roberts

Super-Parenting for ADD: an Innovative Approach to Raising Your Distracted Child

E. Hallowell & P. Jensen

The Disorganized Mind: Coaching Your ADHD Brain to Take Control of Your Time, Tasks and Talents

N. Ratey

Straight Talk about Psychiatric Medications for Kids, 3rd Ed.
T. Wilens

Links to Booklists on Other Sites:

Parentbooks ADHD Booklist

<http://www.parentbooks.ca/Booklists.htm>