

## CADDAC 2025 ADHD Conference

### ***SPEAKER BIOGRAPHIES***

**November 1 – November 2, 2025**

#### **Keynote Speaker: Ari Tuckman (Day 1)**



Ari Tuckman, PsyD, MBA, is a psychologist, international presenter, author, and ADHD thought leader. He has given more than 800 presentations and podcast interviews and routinely earns excellent reviews for his ability to make complicated information understandable and useful. He is the author of five books on adult ADHD, including his latest, *The ADHD Productivity Manual*. He is a co-chair of CHADD's conference committee and was awarded the 2023 Hall of Fame award for his significant contributions to the field. He serves as an expert for Understood.org. He is in private practice in West Chester, PA.

#### **Keynote Speaker: Tamara Rosier, PhD (Day 2)**



Dr. Tamara Rosier is a captivating and highly regarded speaker, widely recognized as a leading authority on ADHD and neurodiversity. Her signature blend of warmth, humor, and practical wisdom transforms complex concepts into relatable, actionable insights that resonate with diverse audiences.

As the founder of the ADHD Center of West Michigan, Dr. Rosier has dedicated her career to empowering individuals, families, and organizations to embrace the unique strengths of ADHD. Drawing on her rich professional background—as a college administrator, professor, leadership consultant, high school teacher, business owner, and ADHD coach—she offers invaluable insights into how ADHD shapes and impacts daily life.

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### **Self-Regulation in Children with ADHD – Miranda Doherty**

Miranda Doherty, BScOT, MRSc, RegOT(BC), occupational therapist, Clinic Head of the B.C. Provincial ADHD Program at B.C. Children's Hospital in Vancouver, B.C.

Miranda is an occupational therapist with over 25 years of experience in pediatrics. She graduated with her OT degree from McGill University, and she earned her Master of Rehabilitation Science degree from UBC. She is currently the clinic head of the B.C. Provincial ADHD Clinic at B.C. Children's Hospital and has worked in the clinic for over 10 years. She holds a Clinical Faculty position with the Department of Occupational Science and Occupational Therapy in the Faculty of Medicine at the University of British Columbia.



### **Kindness to Yourself: Self-Care That Doesn't Feel Like Another Chore – Dr. Candice Murray**

Dr. Candice Murray is a registered psychologist with over 25 years of experience specializing in ADHD. Her extensive career spans clinical practice, teaching, research, and advocacy. For 20 years, she was a key figure in the Provincial ADHD Program at B.C. Children's Hospital, where she served as the program's Director. Dr. Murray is dedicated to improving the lives of individuals with ADHD, having developed free and accessible educational resources to provide support and guidance. She actively serves on the Board of Directors for multiple ADHD organizations, where she advocates for individuals with ADHD at local, provincial, and national levels. Her research contributions include numerous studies focusing on children and adults with ADHD, further solidifying her expertise and commitment to the field.



### **ADHD and Cannabis Use: Compulsion, Recreation or Self-Medication? – Dr. Antonio Ocana**

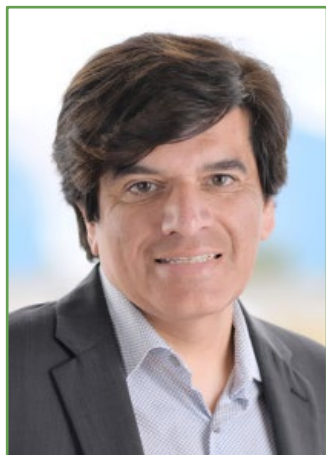
Dr. Antonio Ocana is a licensed physician in both Canada and the U.S., with a diverse and innovative career at the intersection of family medicine, addiction medicine, psychotherapy, and digital mental health. With over three decades of experience, he has built a reputation as a dedicated clinician, educator, and researcher with a special focus on ADHD, PTSD, substance use disorders, and behavioral addictions. His work has been featured in leading publications such as the *New England Journal of Medicine*, *Psychiatry Today*, and the *Journal of Correctional Health Care*. A gifted teacher, he regularly trains physicians and nurses in psychopharmacology and behavioral health.

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Dr. Ocana holds degrees in pharmacology, clinical nutrition, and medicine from the University of Toronto, and completed his residency in family medicine at the University of Calgary. He later earned a fellowship in addiction medicine at the University of British Columbia and received certification from the American Board of Addiction Medicine. Recognized for his decades of service, he has been honored as a Fellow by both the Canadian and American Colleges of Family and Addiction Medicine. Today, he splits his time between practicing virtual behavioral and addiction medicine and leading Epiphany360 AI, a mental health startup he co-founded.



**ADHD Medications -The Great, The All Right, and The Ones to Avoid  
ADHD and Autism -The Similarities and the Differences – Dr. Gurdeep Parhar MD**

Dr. Gurdeep Parhar MD CCFP CCBOM CIME, Clinical Professor at the UBC Faculty of Medicine, is the Co-Founder of the Adult ADHD Centre and the Adult Autism Centre. At the UBC Faculty of Medicine he has served as the Acting Dean, Executive Associate Dean, Associate Dean and Co-Acting Department Head. For over 30 years his clinical practice has focused on the health of patients with visible and invisible disabilities. His teaching and research are in the areas of professionalism, equity, cultural safety, psychosocial aspects of healthcare, and medical disability. His ADHD research has been published nationally and internationally. Dr. Parhar has been recognized for his clinical, academic and advocacy work with numerous provincial and national awards.



**ADHD and Your Senses – Making Sense of it All**

**ADHD and Autism -The Similarities and the Differences – Dr. Anita Parhar**

Dr. Anita Parhar BEd MEd PhD, Director of Women's Health at the ADHD Centre for Women [www.adhdcentreforwomen.com](http://www.adhdcentreforwomen.com), is also the Co-Founder of the Adult ADHD Centre [www.adultadhdcentre.com](http://www.adultadhdcentre.com) and the Adult Autism Centre [www.adultautismcentre.com](http://www.adultautismcentre.com). Starting her career as an elementary school teacher, Dr. Parhar understands the challenges of neurodivergent individuals trying to navigate the schooling system and the rest of life. Later, as a UBC Faculty of Education University Instructor who trained teachers, and an Honorary Lecturer in the UBC Faculty of Medicine, she recognized the need for greater awareness of autism and ADHD. Dr. Parhar's teaching and research interests involves examining critical issues in health care for underserved communities, from a social justice and health equity perspective and how practices are influenced by stereotypes, colonialism, racism, and ableism. Her ADHD research has been published nationally and internationally. Dr. Parhar provides education nationally and internationally to health care providers, educators and the public.

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### **The Healing Power of Diagnosis – Ted Leavitt**

Ted Leavitt, M.Sc. is a Registered Clinical Counsellor and founder of Connectivity Counselling, a private practice specializing in trauma and neurodiverse populations. In the past, Ted also served as the program manager of Langley Youth and Family Services. Diagnosed with ADHD as an adult, Ted's ability to articulate the lived experience of neurodiverse individuals has led to his being an experienced and sought after presenter on the subject. In addition to clinical work and speaking, Ted also wrote a memoir of his own journey from childhood to adult diagnosis, *Teddy Hit Me: Scattered Stories of My Search for Attention*.



### **Parenting a Child with ADHD...When You Have ADHD – Dr. Randall Gillis**

Dr. Gillis is a Registered Psychologist who currently works in the Neuropsychiatry Clinic at BC Children's Hospital. She previously worked in the ADHD Clinic and co-facilitated the ADHD parenting group. She has also conducted complex assessments of ADHD and other neurodevelopmental conditions through Sunny Hill Health Center for Children. She has a particular interest in working with neurodivergent youth and providing evidence-based treatments that fit their individual needs. Dr. Gillis is also a clinical instructor in the Department of Psychiatry at the University of British Columbia and works part-time in private practice in Burnaby.



### **From Assessment to Self-Advocacy: Understanding and Supporting ADHD Across Learning Environments – Becky Bishop**

Becky Bishop (she/her) is a neurodivergent, passionate, and holistic educator with an eclectic background dedicated to fostering inclusive learning environments. Drawing from over a decade of experience working with individuals with unique learning profiles, she approaches education with empathy, compassion, and creativity. Having taught individuals from preschool to post-secondary levels and beyond, Becky has honed her teaching philosophy, centred on building interpersonal connections and solidarity to support learners in discovering their unique learning styles. With an unwavering love for learning, Becky strives to empower others on their educational journeys while advocating for a more equitable world.

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## **Thriving at Work with ADHD: Strategies for Success From Overwhelmed to Employed: Tackling ADHD Job Search Challenges – Faelyne Templer**

Faelyne has been helping individuals, teams and organizations grow and develop for over 20 years. Rooted in a foundation of inclusion, accessibility, and equity, Faelyne works collaboratively with clients to help identify their strengths, align their goals with their values and create the change they want to see in their lives and in their businesses. As the mother of a young man living with ADHD, and a trained coach, Faelyne has a nuanced understanding of how ADHD can impact children, teenagers, and adults. As an ally and champion, she promotes inclusion and access for neurodiverse individuals in school, at work and in life. Faelyne is also the former Chair of the Board of Directors for the Centre for ADHD Awareness, Canada (CADDAC).

As a coach, facilitator, adult educator, and change catalyst, Faelyne has held leadership positions in large and small organizations in both the private and the voluntary sector, developed and led engaging group coaching and training programs that leverage best practices and help clients make real progress in creating the lives that they want. She lives in Ontario, Canada with her partner, their sons, and a young puppy named Edí.

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