

Virtual ADHD Conference 2021

OCTOBER 16, 2021 - DAY ONE

9:00AM – 10:30AM PST (12:00PM – 1:30PM EST)

1. Lived Experiences Of 3 Women With ADHD
 - a. Vivian Vaillant
 - b. Rachelle Bien-Barnard
 - c. Noor Jabbar

10:45AM – 12:15PM PST (1:45PM – 3:15PM EST)

- Choice
1. Parenting A Child With ADHD: Non-Pharmacological Treatment & Support – Dr. Randall Gillis
Child
 2. Medication Management Through The Lifespan – Dr. Joan Flood **Throughout**

12:30PM -2:00PM PST (3:30PM – 5:00PM EST)

- Choice
1. ADHD & Shame: The Root Of Disorder – Ted Leavitt – **Adult**
 2. Designing Tools & Strategies For ADHD Challenges – Dan Duncan **Throughout**

OCTOBER 17, 2021 – DAY TWO

9:00AM – 10:30AM PST (12:00PM – 1:30PM EST)

- Choice
1. Practical Tools For Sensory Processing Difficulties In Children With ADHD – Miranda Doherty –
Child
 2. Healing The ADHD Roller Coaster’s “Double Triple-Whammy” – Gina Pera **Adults**

10:45AM – 12:15PM PST (1:45PM – 3:15PM EST)

- Choice
1. Oppositional Defiant Disorder (ODD) – Dr. Don Duncan – **Child**
 2. ADHD & Addiction – Dr. Matt Blackwood – **Adult**

12:30PM-2:00PM PST (3:30PM – 5:00PM EST)

- Choice
1. Understanding ADHD In The Workplace: Strengths & Impairments – Heidi Bernhardt
Adult
 2. ADHD & Self-Regulation In Children – Dr. Megan Smith - **Child**