



**CENTRE FOR ADHD AWARENESS, CANADA**  
CSTC - Centre de sensibilisation au TDAH Canada

### **Building Your Child's ADHD Profile: Interactive Parenting Course**

This five-part interactive course has been designed for parents starting the ADHD journey with their child and for those striving to better understand their child's impairments and needs. It will cover the things you need to know about ADHD: what it really is; how it impacts learning, behaviour and emotional regulation; and how to implement home and parenting strategies.

The course will review common impairments experienced by children with ADHD while taking you through the process of developing your child's profile and a home strategy plan.

This course will be both instructional and interactive with half of the time devoted to discussion. Access to a digital workbook will be provided to assist you in understanding developing your child's profile.