



Specific Questions to Ask the School About Your Teen's Functioning

Academically

- Is my adolescent performing at grade level? If not, in which subjects and how are they struggling?
- Are they understanding the material but not completing and handing in assignments?
- What is required for them to become more successful?
- What are the impediments that are preventing the school from implementing supports and strategies and anything else that could be helpful?
- What can we do as parents to increase assistance at school or to supplement at home?
- Does the school have an accurate and detailed profile of my teen's needs and strengths? If not, how can we help improve that?

Executive Functioning

- Are they able to start and complete their work in class? If not, why not? (If the school reports that they think it is due to lack of motivation etc. do not accept this and do some further investigation with your teen.)
- Are they having difficulty beginning tasks, understanding instructions, completing work and staying on task? What has been put in place to assist them with this?
- Are they able to organize their thoughts, assignments, belongings?
- What, if any, other issues do you or they see occurring with their EF skills?
- What has the school put in place to help overcome these disabilities? (If you feel that it is inadequate ask what needs to be done to increase your teen's support.)

Emotional Dysregulation

- Is my teen's emotional regulation an issue? If so, how and have supports been put in place to assist them with this impairment? Is a Behaviour Plan in place?

Has the board's behaviour team been asked for advice. Might your medical professional be of assistance?

- How is my teen functioning socially? Are they accepted by their peers? How is the school assisting? How can we help?
- Are there particular situations, time of day, environment, other peers, or sensitivities that seem to trigger issues? If this is unknown or they see the incidents as random ask if a tracking method can be implemented to discover triggers?
- Has any bullying been witnessed and what is the school doing to deal with this? Share any knowledge that you have of this?

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