

12th Annual ADHD Conference Recording Child Stream

Sessions Abstract

Helping Children with ADHD to Make and Keep Friends– Dr. A. Mikami

Many children with Attention-Deficit/Hyperactivity Disorder (ADHD) have difficulties with making or keeping friends, and these difficulties are often resistant to common treatments. In this talk, Dr. Amori Mikami will share what is known about friendship problems in the population of children with ADHD, including why they are so common. She will talk about a behavioral intervention, Parental Friendship Coaching, which was created to address friendship problems in elementary school-age children with ADHD. Recently, a randomized trial involving 172 families of children with ADHD was completed to test the effects of Parental Friendship Coaching, and Dr. Mikami will summarize the initial results from this study. The presentation will conclude with a discussion of recommendations for parents, teachers, and clinicians who are hoping to bolster good friendships in children with ADHD.

What You Need to Know When Advocating for Your Child in the School System – H. Bernhardt

Understanding your Province’s Special Education system and how ADHD is recognized within this system is paramount when advocating for your child. This presentation will cover the difference in Special Education systems across Canada, their benefits and drawbacks and tips for navigating your system. The fear of labelling, psychoeducational testing and understanding and contributing to an IEP will all be covered. The presentation will close with a look at your child’s rights and a discussion on how you can become a more effective advocate for your child.

Attention Deficit Hyperactivity Disorder (ADHD) and Learning Disabilities (LDs) – M. Armstrong

ADHD and LD’s are commonly cooccurring neurodevelopmental disorders that impact the learning and development of children and adolescents across Canada. What are the implications of having difficulties with both attention and learning at the same time? How do the different types of LDs and the varying expression of ADHD combine to produce unique challenges for the developing mind? This presentation will discuss the process of identifying, assessing and monitoring ADHD and LDs, including practical considerations for parents and teachers on how to best help young people overcome their limitations to achieve academic success. We will review recommendations for intervention that

include environmental and behavioural strategies to help children succeed in the classroom and at home, with special considerations for managing during the COVID-19 pandemic.

ADHD in the Classroom – Dr. Megan Smith

This presentation will explore the impact of ADHD on students in the school environment, and the strategies and supports that can be implemented to help them be successful. Topics will include understanding how ADHD symptoms can present in the classroom; understanding how it may feel to be a student with ADHD; creating ADHD-friendly classrooms; and identifying accommodations and interventions to address specific ADHD symptoms