

ADHD Presentations by Heidi Bernhardt RN

Adolescent ADHD

Transitioning from Childhood ADHD into Adolescent ADHD and Beyond: what parents need to know

When children enter adolescence additional parenting challenges are a given. However, when these children have ADHD their symptoms and impairments make things even more challenging. This presentation will cover topics such as; increased academic challenges; driving; relationships, sex and unwanted pregnancies; smoking, alcohol, pot, stimulant medication and other substance abuse; continuing issues with emotional regulation; challenges in transitioning into adult health care; and applying to post-secondary institutions.

New Challenges and Risks in Adolescent and Post-Secondary ADHD

Later academic years not only bring increased challenges to executive functioning, but for those with ADHD knowing how to choose the right school and understanding your right to academic accommodations are essential. ADHD in the post-secondary setting will be discussed as well as new risks and challenges that arise for the adolescent with ADHD in the areas of driving; relationships, sex, and unwanted pregnancy; smoking, alcohol, marijuana, stimulant medication and other substance abuse; continuing issues with emotional regulation; and challenges in transitioning into adult health care.