Understanding ADHD in the Home, School and Workplace

Agenda

OTTAWA

8:30  Registration

9:00  It can’t just be ADHD? The surprise packages that come with it – Dr. Judy van Stralen

10:20 Break

10:40 Relationships Matter: Building Positive Relationships in the Context of ADHD – Dr. Maria Rogers

12:00 Lunch Break

13:00  Choice of Workshops

  1. Going to School with ADHD – Dr. van Stralen and Pamela Carkner
  2. Understanding ADHD in the Workplace Strengths and Impairments – Heidi Bernhardt

14:20 Break

14:40  Choice of Workshops

  1. ADHD and Anxiety – Dr. Julia Desjardins and Laura Ziebell, B.A
  2. Adult ADHD and the Family – Heidi Bernhardt

16:00  End of day