

Saturday October 27th

- 8:30** Registration and Coffee
- 9:00** Welcome and Intro by CADDAC
- 9:10** **BIG (and BOLD!) IDEAS IN ADHD: What the Science Means to You**
- Dr. Doron Almagor and Dr. Brenda Miles
- 10:20** Break
- 10:40** **SMALL HACKS IN ADHD: Taking Giant Leaps in Small Steps** - Dr. Doron Almagor and Dr. Brenda Miles
- 12:00** Boxed Lunch and Optional Q&A with ADHD Experts

13:00 Choice of Workshops

- 1. ADHD in Young Adults Who Struggle in High School, College and University: What Parents and Students Should Know?** - Dr. Joseph Sadak & Ellen Nantau
- 2. Understanding and Helping to Support Executive Functions in Children with ADHD** - Rachel Pantou
- 3. Medication Treatment in Children with ADHD** - Dr. Marilyn MacPherson
- 4. Understanding ADHD Workplace Strengths and Impairments** - Heidi Bernhardt

14:20 Break

14:40 Choice of Workshops

- 1. SUPER MEMORY FOR ADHD: Small Hacks for Big Memory** - Dr. Almagor and Dr. Miles
- 2. Assessment of ADHD in Elementary-school Aged Children** - Dr. Penny Corkum, Rachel Pantou, Dan Stephenson & Dr. Marilyn MacPherson
- 3. Oppositional Defiant Disorder: Is it Real and How to Manage it** - Heidi Bernhardt
- 4. Ask the Expert: a Discussion on Adult ADHD Treatment Options** - Dr. Annick Vincent

16:00 End of day

Sunday October 28th

8:30 Registration and Coffee

9:00 Welcome and Intro by CADDAC

9:10 **ADHD or Pseudo-ADHD? Explore Beyond the Symptoms**
- Dr. Annick Vincent

10:20 Break

10:40 **ADHD or Pseudo-ADHD Part Two? Explore Beyond the Symptoms** - Dr. Annick Vincent

12:00 Boxed Lunch and Optional Q&A with ADHD Experts

13:00 Choice of Workshops

- 1. Strategies for Learning** - Lisa Saunders
- 2. Understanding ADHD's Impact on Adult Relationships** - Heidi Bernhardt
- 3. Sleep in children with ADHD and our Better Nights, Better Days intervention** - Dr. Penny Corkum & Nicole Ali
- 4. Understanding ADHD and ASD: Similarities and Differences** - Dr. Lindsay Bates, Melissa Gendron

14:20 Break

14:40 Choice of Workshops

- 1. Adult ADHD Coaching strADdegies: Panel Discussion** - Keith Gelhorn, Alana Tattrie, Angela Ashe, Joy LaRusic, Zeke Parrot & Michael Boyd
- 2. Presentation and Issues of ADHD across the Life-Span** - Dr. Harpreet Aulakh, Dr. Leslie MacIntyre & Dr. Sophie Godbeau-Beulieu
- 3. Dymystifying ADHD Behaviour** - Angela Rudderham
- 4. Evidence-Based School Interventions for ADHD and the Teacher Help Program** - Dr. Penny Corkum & Matt Orr

16:00 End of day